



Arundhati

K A N E

COUNSELLING PSYCHOLOGIST
CURRICULUM DEVELOPER

ABOUT ME

A knowledgeable and qualified counseling psychologist with an experience of 17 + years across various age groups in conducting comprehensive psychological evaluations, developing customized treatment plans, and providing individualized psychotherapy to people in need of mental health assistance.

LANGUAGES

English, Hindi and Marathi

EXPERTISE

Stress Management, Behavioural Modification, Anxiety and Trauma-related Disorders, Depression, Self-Improvement, Relationship Counselling, Academic Stress, Grief Counselling, Anger Management, Attachment Issues, Life Transitions, Sexual Abuse Survivors and Aging and Geriatric Mental Health.

CONTACT



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WORK EXPERIENCE

Psychologist

2008 - Present

- Diagnosed patients with Psychological problems through therapy, observation, and interviews
- Counseled relatives of patients with emotional problems

Teaching - Psychology

- IB DP - Psychology
- Cambridge International AS & A Levels
- Affiliated Psychology Tutor - Axiom Academic
- SNDT University (Guidance and Counselling, Adolescence, Family Counselling)

EDUCATION

Masters in Human Development

- **SNDT UNIVERSITY (JUHU)**

2003 - 2005

Bachelors in Developmental Counseling

- **SVT COLLEGE (SNDT)**

2000 - 2003

MEMBERSHIP

American Psychological Association

CERTIFICATION

- Grief Therapy